## Positive Alternatives 2015 -2016 Quarterly Update

**Grantee: PREGNANCY RESOURCE CENTER OF THE PARK RAPIDS AREA** 

Goal: To support, encourage, and assist women in carrying their pregnancies to term and caring for their babies after birth.

For the period Jan.1-Mar. 31, 2015

Activity or Service	Activity or Service  Description  Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to the grant staff; complete grant forms; attend grant meetings		Continued to guide staff,complete and submit grant forms as needed.	
Car Seat Program	Provide car seat education; provide car seat instruction and testing required for a new car seat	2	During this quarter there were no clients that received car seat education or testing for a new car seat. See challenges	0
Case Management Services	Provide follow-up to clients either by phone or in-person visits	40	There were thirty-eight follow-up phone calls made to our clients and three in person visits. Our clients appreciate it when we follow up with them on a weekly basis.	41
Crib Distribution/ Sleep Safety Education	Provide safe sleep education and cribs	5	We provided safe sleep education to two clients this quarter.  See challenges	2
Financial Assistance	Provide assistance to clients in completing crib applications	5	Two clients received assistance in completing an application, but only one client qualified to receive a crib.  See challenges.	2

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Life-Skills Education Program	Provide life skills education in an incentive program	6	This quarter there were four clients working on time management, and self-awareness in the life skills incentive program. We now have three of our clients working part time. See challenges.	4
Material Support	Provide material support of maternity and baby items to pregnant and parenting women	15	We provided formula, baby food, diapers, wipes, bedding, and baby equipment to twenty-four clients this quarter. This program is greatly appreciated by our clients!	24
Parenting Education	Provide parenting education in an incentive program	4	There were four clients working on discipline and child development in the parenting program this quarter.	4
Pregnancy Education	Provide pregnancy education in an incentive program	6	Information on pre-natal care, development, nutrition, and child-birth was provided to eight clients. The clients who received the information on child birth really appreciated it!	8

Maternal and Child Health Initiative Task Force Strategies		
Number of women who received car seats and car seat safety education from a PA funded program activity		
Number of women who received car seat safety education only from a PA funded program activity		
Number of women who received child abuse prevention education from a PA funded program activity		
Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity		
Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity		

Maternal and Child Health Initiative Task Force Strategies	No.
Number of women who received sleep safety education only from a PA funded program activity	

Challenges: There were no women who needed car seat education this quarter. Only two women needed safe sleep education at this time. One of the two clients qualified for a crib, the other had funds available to purchase herself. Client numbers were down this quarter so there were only four clients working on life skills.